

## Our Little Miracle

Trenten, was born on May 5th, 2005 weighing in at a healthy 8lbs- 4oz's, and 20 1/2" long, full term and no complications.

Trenten was a very healthy & happy. When he was 5 weeks old, we noticed his breathing was irregular while sleeping. He would fall into a deep sleep & then wake himself up. As a new parent, it never occurred to us that something could be wrong. Within days, these episodes became more frequent, more severe and it was now obvious that this was not normal behavior.

We took Trenten to see the pediatrician who thought that he may have acid reflux and told us to put the bassinette on an incline to assist him. That night, there was no sleep for our baby or for us. He no sooner fell into a deep sleep, when he woke himself up gasping for air. Within hours, we were taking him to see a pediatric pulmonary specialist and he was admitted into the hospital.

Doctors told us that he had stopped breathing 300 times the first night he was in the hospital. That's 300 times he could have stopped breathing for good!

There, he was diagnosed with Infant Sleep Apnea. Once diagnosed and treated, I realized we had to do something to inform other parents and families about this common disorder.

I have since committed my life to the education and research of others which I believe - *and know first-hand* - is the key to the survival of infant and children afflicted with sleep apnea and Pulmonary issues.

We are eternally grateful for the amazing life saving care he received.



## Our Pledge

**We pledge** to continue our efforts in an underrepresented cause that affects many with in all communities. Our highest priority and commitment which is to increase public awareness, education, family and community assistance, along with providing assistance with life-saving equipment that will prevent loss of life.. Our ultimate goal is to raise money to fund pediatric pulmonary medical care and research.

**Please support our efforts** and help our organization today by considering a donation. Even if we save one child's life in 2009, it will be worth every cent & all the time & effort we put in to our work., for it is only when we join forces for a common cause that we can see amazing results.

**Donations** may be mailed or paid conveniently through Pay-Pal online at [www.infantsleepapnea.org](http://www.infantsleepapnea.org), where you can learn more about us. Feel free to contact our office at anytime (see front for contact information).

**Thank You!**

**Awareness  
Can Save A Life! ®**

On going recruitment  
for volunteers for the cause.  
[volunteers@infantsleepapnea.org](mailto:volunteers@infantsleepapnea.org)

**KIDS  
SLEEP  
DISORDERS**



**Awareness  
Can Save A life!®**

Infant & Children Sleep Apnea  
Awareness Foundation  
P.O. Box 2328  
New Smyrna Beach, Florida 32170  
Office: 386-423-5430  
Fax: 386-428-2001  
[info@infantsleepapnea.org](mailto:info@infantsleepapnea.org)

Visit us on the web  
[www.infantsleepapnea.org](http://www.infantsleepapnea.org)  
[www.kidssleepdisorders.org](http://www.kidssleepdisorders.org)

## Our Foundation

**Our Mission:** The Infant & Children Sleep Apnea Awareness Foundation, Inc., is a 501 (c) 3 non-profit organization, dedicated to bringing awareness to infant and children sleep apnea, SIDS and pediatric pulmonary issues and to providing assistance with life-saving equipment that will prevent loss of life. We are committed to informing our communities about the risk of undetected infant and children sleep apnea with respects to sudden infant death syndrome and many other pediatric pulmonary issues. While this is an uncommon syndrome in full-term babies, the lack of diagnosis has devastating consequences for children and their families.

**Our Founders:** The Brearey Family founded the Infant & Children Sleep Apnea Awareness Foundation, Inc., in 2008; this foundation was brought about after they endured their own unforeseen journey five weeks after their son Trenten was born and was diagnosed with infant sleep apnea. Doctor D. Geller, with Nemours said that with out quick thinking and innovation, Trenten could have been another statistic with in two days.

**This is an amazing story** of true commitment by its founders and volunteers. The Brearey Family, the foundation and their volunteer's understand that education and research is the key to the success and (*infant*) survival of children afflicted with sleep apnea and pulmonary issues. Providing the proper information, education and public awareness, can and will make a tremendous positive impact on the lives of children. The Infant & Children Sleep Apnea Awareness Foundation is a bridge linking the physicians, children and their families, medical care, research and the latest technology all-together; for a common cause.

**Support is crucial to this endeavor**, for it is only when we join forces for a common cause that we can see amazing results.



## Statistics

- Over 2 million children today have some type of sleep disorder.
- An estimated 30 to 40 % of children do not get enough sleep.
- Sleep Apnea has also been linked to many other problems in children such as SIDS, ADD, ADHA, Autism, Obesity, Narcolepsy, Insomnia, Cardiovascular, etc.;
- There are 3 types of Sleep Apnea, OSA, and CSA & MIXED. Currently there is very little research that has been done on CSA, which is hard to detect and if not caught can have devastating consequences.
- Over 18 million American suffer from sleep apnea and sleep disorders
- Estimated 10 million are still undiagnosed today.
- This has been linked to deaths in adults as well as children and infants.



## Some Upcoming Events 2009

**June 27, 2009**

BBQ fest @ Gilly's

with live entertainment and kid's zone

**October 2 & 3, 2009**

Our 2nd Annual

Swing Putt & Birdie for Awareness  
Charity Golf Tournament

We are teaming up with Hooters of  
Daytona for this event

Please check out our web site  
for all events. [www.infantsleepapnea.org](http://www.infantsleepapnea.org)  
Or [www.kidssleepdisorders.org](http://www.kidssleepdisorders.org)

## Our Goals are MANY...

so we can only list a FEW!

We intend to demonstrate our commitment to this cause through some of the following strategic goals of the Foundation, which will include, but not be limited to:

Public education/awareness and advocacy, such as:

- Advocacy about infant Sleep Apnea, Kids Sleep Disorders, SIDS, and Pediatric Pulmonary issues particularly the media
- Provide information to be given out at Lamaze classes
- Join forces with physicians & sleep centers to make available information & promote awareness to their patients.
- Speak with all area schools and teachers; from daycare to high school, cities officials, fire rescue, and police
- Educate business leaders about the consequences of Pediatric Sleep Apnea and other Sleep Disorders, which can also affect families, the work place, and loss of productivity due to dysfunction with in the family home life.
- Maintain our national website and provide up to date information & news
- On-going response to E-mails, Blog, Forums, phone calls & letters to help address & assist families on their issues and concerns along with support and guidance.
- Support/info for children & families such as:
  - Kids Activity Bags which will supply activities for the children while going thru treatment, testing, etc, while at the hospital
  - Organize CPR class for new parents with Fire Rescue departments
  - Provide Apnea Sleep monitors to all daycares who provide care for infants
- **Financial growth & stability**
- **Fundraising to accomplish Mission**
- **Bring national focus to our cause**